INDIRECT, DIRECT AGRESSION QUESTIONNAIRE (I-DAQ)

The phrases listed below refer to different ways of acting and thinking. Read each one and mark with an X the alternative, of the five listed, that best fits your way of being. The response for each statement alternatives are:


Make sure you answer all the phrases.

1. No matter how much people get at me, I avoid getting into fights.
2. I have said anything bad or nasty about anyone.
3. I like to plan secretly to bother the other one.
4. When somebody annoys me I do something to try and make he/she looks stupid.
5. When I argue I avoid yelling.
6. If I have to resort to violence to protect my rights, I will.
7. I rarely argue calmly.
8. I sometimes put off until tomorrow what you ought to do today.
9. If it is necessary I’ll shout to impose my opinion.
10. I find it difficult for me to take advantage of the feelings of others in order to obligue them to do something.
11. When I’m angry with someone I know I leave them out of activities on purpose.
12. Even when I’m angry, I do not speak in an aggressive manner.
13. I have taken advantage of someone.
14. If someone I know messes with me, I try not to turn others against them.
15. When arguing, I tend to raise my voice.
16. Even if there is someone in a group who I do not like, I try not to exclude them.
17. When someone annoys me or pushes me, I would rather leave than fight.
18. When I’m angry with a friend I get other people to stop talking to them.
19. I prefer to get out of the way and stay out of trouble whenever someone is hassling to me.
20. There are people who pushed me so far that we came to blows.
21. I have taken anything (even a pin or button) that belonged to someone else.
22. I don’t often have family disputes.
23. When I’m angry with somebody I say unpleasant things about them even though they may not be true.
24. I don’t often exclude people I don’t like from the conversation.
25. I’m an aggressive person.
26. Even if I was angry with someone I would never make false accusations about them.
27. When I am angry with someone insult you.

Thank you for your collaboration